Caregiving Weekly Tasks

Caregiver Name:

Date:

		Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Complete	☑	Time	Notes	☑	Time	Notes	☑	Time	Notes	☑	Time	Notes	☑	Time	Notes	☑	Time	Notes	☑	Time	Notes
Personal Care	Bathing	☐			☐			☐			☐			☐			☐			☐		
	Grooming	☐			☐			☐			☐			☐			☐			☐		
	Dressing	☐			☐			☐			☐			☐			☐			☐		
	Mouth Care	☐			☐			☐			☐			☐			☐			☐		
	Other	☐			☐			☐			☐			☐			☐			☐		
Elimination	Assist w/ Commode	☐			☐			☐			☐			☐			☐			☐		
	Assist w/ Bedpan	☐			☐			☐			☐			☐			☐			☐		
	Assist w/ Urinal	☐			☐			☐			☐			☐			☐			☐		
	Other	☐			☐			☐			☐			☐			☐			☐		
Nutrition	Meal Prep	☐			☐			☐			☐			☐			☐			☐		
	Prepare Breakfast	☐			☐			☐			☐			☐			☐			☐		
	Prepare Lunch	☐			☐			☐			☐			☐			☐			☐		
	Prepare Dinner	☐			☐			☐			☐			☐			☐			☐		
	Assist with feeding	☐			☐			☐			☐			☐			☐			☐		
	Other	☐			☐			☐			☐			☐			☐			☐		
Miscellaneous	Transferring Bed/Chair	☐			☐			☐			☐			☐			☐			☐		
	Laundry	☐			☐			☐			☐			☐			☐			☐		
	Housework	☐			☐			☐			☐			☐			☐			☐		
	Transportation	☐			☐			☐			☐			☐			☐			☐		
	Medication	☐			☐			☐			☐			☐			☐			☐		
	Shopping	☐			☐			☐			☐			☐			☐			☐		
	Other	☐			☐			☐			☐			☐			☐			☐		